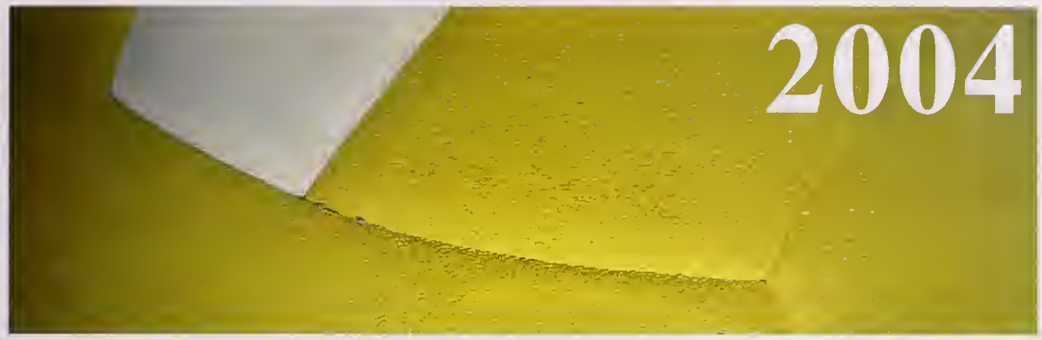

AVILA UNIVERSITY

FALL SPORTS GUIDE

Contact Information

Athletic Directory

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Office Manager *JoAnn Immele*	501-3726
Sports Information Director *Greg Mittlesteadt*	501-3740
Football Sports Information *Floyd Peterson*	501-3707
Head Athletic Trainer *Jason Means*	501-3742
Asst. Athletic Trainer *Amy Roberts*	501-3742
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FAX: 816-941-4503

Coaching Staff

Head Dance Coach *Cindy Freeman*	501-2478
Men's Basketball Coach *Anthony Hall*	941-3743
Head Baseball Coach *Ryan Howard*	501-3739
Head Football Coach *Tim Johnson*	501-2486
Head Softball Coach *Steve Keel*	501-2418
Head Women's Golf Coach *Jerry Krause*	501-2489
Head Men's & Women's Soccer Coach *Paul McNally*	501-2475
Head Women's Basketball Coach *Greg Mittelsteadt*	501-3740
Head Cheer Coach *Jason Sack*	501-2473
Head Men's & Women's Volleyball Coach *Fredrick Wagner*	501-2472

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Welcome to Avila

A Message from the Athletic Director

Welcome to Avila University for another exciting season of Eagle Athletics.

I, along with all members of the Avila Athletic department want to thank you for your support of our programs and students. The opportunities that athletics provides our student-athletes are countless, and we are happy to provide them for their overall growth as an individual.

Athletics began at Avila in 1974 with an intercollegiate Men's Basketball program. That single program evolved into an athletic department that today is proud to sponsor and support 12 varsity level teams.

Athletically we sponsor and support a variety of co-curricular activities for our students that include men's sports of baseball, basketball, football, soccer and volleyball. On the women's side we sponsor basketball, golf, soccer, softball, and volleyball. In addition to these ten sports we sponsor and support a competitive Dance team and Cheer Squad.

Avila University is proud to have the distinction of being the only liberal arts institution in Kansas City, Missouri that competes at the NAIA level. We are proud of our accomplishments and history and are looking forward to our continued growth and development as a department.

Thank you for your interest in Avila Athletics and I look forward to seeing you at many more events this year. GO EAGLES!

Sincerely,

Mike Sharpe
Director of Athletics
GO EAGLES!

A Message from the President

Welcome to another year of exciting athletics at Avila University.

All of us at Avila congratulate our student athletes on their achievements in sports as well as in the classroom.

The Avila athletic programs include football, basketball, soccer, volleyball, baseball, softball, golf, competitive dance, and cheer.

Our athletic program enables our students to pursue excellence, develop camaraderie, and enjoy the spirit of competition.

The Avila community wishes all of our teams great success this year and welcomes everyone to enjoy the excitement of athletics at Avila.

Sincerely,

Thomas F. Gordon, J.D., LL.M
President
Avila University

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Volleyball Outlook & Coaches

The Eagle women's volleyball team will have a new look for 2004. Fredrick Wagner will take over the program replacing Brett Talcott. The Eagles improved their record to 9-21 last season and look to an intriguing combination of returnees and newcomers as the season gets underway.

Seniors Casey Carson (Houston, MO) and Janelle Schuler (Meriden, KS) both played key roles last year and are expected to provide leadership and stability in 2004. Carson will man one of the outside hitter positions and is expected to be one of the top offensive threats in the Heart of America Conference. Schuler returns in the backcourt to stabilize the Eagle defense and provide some solid leadership abilities from the libero position. Freshman Becky McCormick (Maryland Heights, MO) provides depth in the backcourt.

Juniors Jessica Fiebrich (New Braunfels, TX) and Jamie Richardson (Overland Park, KS) both missed last season but are expected to contribute at the outside hitter position as well. Fiebrich was one of the top Eagle recruits in 2003 before being sidelined with an injury. Richardson was a Heart of America All-Conference selection in 2002. Sophomore Megan Carnes (Kansas City, MO) has shown some positive development over the off season and will join freshmen Stevie Jo Boggs (Olathe, KS) in providing depth at the outside hitter position. Freshmen Lauren Miller (Nixa, MO) is an athletic, versatile player who jumps well and could also see time at a hitting position.

Coach Wagner has a variety of options at the middle blocker position. Jessica Peters, returnees Courtney Schenewerk (Soph., California, MO), Sarah Clark (Sr., Kansas City, MO) and Sarah Davis (Jr., Sedalia, MO), and 6'2 freshman Brittany Lofgreen (Lincoln, NE) are all in the mix at this important position. Sophomore Jessica Horine (Rogersville, MO) and Davis will add size and stability to the right side position.

Sophomore Katy Mulligan (Olathe, KS) returns at setter and provides a solid presence on the floor after seeing extensive action last year. Fellow sophomore Ashley Hydorn (Gladstone, MO) has showed some early promise at that position as well.

The Heart of America Conference is always competitive. Central Methodist looks to defend their 2003 conference championship with a strong challenge from Lindenwood University and tradition-rich Graceland University. Coach Wagner is excited to be a part of the tough Heart of America Conference and expects his Eagle squad to be competitive. "I really feel that we can play with the teams on our schedule. We look to battle for a spot in the top half of the HAAC this season."

Head Coach – Frederick Wagner

Head Coach Fredrick Wagner enters his first season with the Eagles with an impressive array of coaching credentials to his credit. Wagner received his bachelor's degree in psychology from Metro State College in Colorado in 2001 and has almost 20 years of volleyball coaching experience to his credit.

Wagner spent last season as the assistant women's volleyball coach and head men's club coach at the University of Central Florida, an NCAA Division I institution. Prior to that, Wagner spent time on coaching staffs at volleyball powerhouse the University of Nebraska, as well as Campbell University in North Carolina, and his alma mater Metro State College. In addition to his college coaching experience, Wagner spent 10 seasons coaching high school volleyball in Nebraska and Colorado and spent 15 years working with some of the top club volleyball programs in Colorado, Nebraska, and Florida. Wagner is also a certified volleyball official with the Professional Association of Volleyball Officials (PAVO).

He now makes his home in Kansas City with his wife Shelly and 2 daughters Regan and Kyla. In his spare time, he enjoys spending time with his family, golfing, and biking. Wagner also serves as the head coach of Avila's men's volleyball program.

Assistant Coach – Eric Majors

A pair of Graceland University alumni will assist Wagner in his work with the Eagles this season. Eric Majors is in his first season at Avila and brings with him coaching experience at both the high school and college level. A native of Blue Springs, MO, Majors played and coached at Graceland and has also served as the head coach at Piper High School and Longview Community College.

Assistant Coach – Scott Dowis

Scott Dowis is a familiar face to the Avila community and resumes his duties with the Eagle volleyball program. A former standout player at Graceland University, Dowis spent last season as an assistant coach with the Eagle's women's squad and as a player on Avila's inaugural men's volleyball club team. He is currently completing the teacher certification program at Avila.

A V I L A U N I V E R S I T Y

Women's Volleyball

#6 Casey Carson SR
Houston, MO

#12 Sarah Clark SR
Kansas City, MO

#10 Janelle Schuler SR
Meriden, KS

#3 Jamie Richardson JR
Overland Park, KS

#9 Sarah Davis JR
Sedalia, MO

#8 Jessica Fiebrich JR
New Braunfels, TX

#13 Jessica Peters JR
Blue Springs, MO

#16 Megan Carnes SO
Kansas City, MO

#15 Jessica Horine SO
Rogersville, MO

#17 Ashley Hydorn SO
Gladstone, MO

#14 Katy Mulligan SO
Olathe, KS

#11 Courtney Schenewerk SO
California, MO

#22 Stevie Jo Boggs FR
Olathe, KS

#20 Brittany Lofgreen FR
Lincoln, NE

#21 Becky McCormick FR
Maryland Heights, MO

#7 Lauren Miller FR
Nixa, MO

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Team Photos

Women's Volleyball

Women's Soccer

Men's Soccer

Schedules

Volleyball Schedule

Date	*Opponent*	*Time*	*Location*
8/28	Missouri Valley Invitational	TBA	Marshall MO
8/31	Missouri Valley*	7:00 p.m.	Marshall MO
9/8	**Park**	**7:00 p.m.**	**HOME**
9/10-11	Baker Tournament	TBA	Baldwin City KS
9/14	**Benedictine***	**7:00 p.m.**	**HOME**
9/18	**Central Methodist***	**2:00 p.m.**	**HOME**
9/21	Culver Stockton*	7:00 p.m.	Canton MO
9/24	**St. Mary**	**7:00 p.m.**	**HOME**
9/28	**Graceland***	**7:00 p.m.**	**HOME**
10/5	Mid-America Nazarene*	7:00 p.m.	Olathe KS
10/8	**William Jewell***	**7:00 p.m.**	**HOME**
10/12	Baker*	7:00 p.m.	Baldwin City KS
10/15-16	St.Mary Tournament	TBA	Leavenworth KS
10/26	Evangel*	7:00 p.m.	Springfield MO
10/29-30	St. Ambrose Tournament	TBA	Davenport IA
11/2	**Lindenwood***	**7:00 p.m.**	**HOME**

Men's Soccer Schedule

Date	*Opponent*	*Time*	*Location*
8/28	St. Ambrose	4:00 p.m.	Muscatine IA
8/29	St. Francis	2:00 p.m.	Muscatine IA
9/4	Tabor	1:00 p.m.	Hillsboro KS
9/5	Bethany	2:00 p.m.	Lindsborg KS
9/7	**Graceland***	**4:00 p.m.**	**HOME**
9/11	**Briar Cliff**	**1:00 p.m.**	**HOME**
9/16	Park	7:00 p.m.	Parkville MO
9/18	Bethel	5:00 p.m.	N Newton KS
9/26	**Harris Stowe State**	**2:00 p.m.**	**HOME**
9/28	**St. Mary**	**2:00 p.m.**	**HOME**
10/2	Baker*	12:00 noon	Baldwin City KS
10/5	Mid-America Nazarene*	2:00 p.m.	Olathe KS
10/7	Benedictine*	3:00 p.m.	Atchison KS
10/13	William Jewell*	7:30 p.m.	Liberty MO
10/16	Lindenwood*	7:30 p.m.	St. Charles MO
10/19	**Missouri Valley***	**1:00 p.m.**	**HOME**
10/21	**Central Methodist***	**3:00 p.m.**	**HOME**
10/24	**Culver-Stockton***	**2:00 p.m.**	**HOME**

Women's Soccer Schedule

Date	*Opponent*	*Time*	*Location*
8/28	St. Ambrose Tournament	TBA	Muscatine IA
8/29	St. Ambrose Tournament	TBA	Muscatine IA
9/3	Ottawa	5:00 p.m.	Ottawa KS
9/6	**Hannibal LaGrange**	**1:00 p.m.**	**HOME**
9/10	Missouri Baptist	7:00 p.m.	St. Louis MO
9/12	Quincy	1:00 p.m.	Quincy IL
9/18	Baker*	11:00 a.m.	Baldwin City KS
9/25	**Central Methodist***	**1:00 p.m.**	**HOME**
9/28	**St. Mary**	**4:00 p.m.**	**HOME**
10/5	Mid-America Nazarene*	4:00 p.m.	Olathe KS
10/10	**Harris Stowe State**	**2:00 p.m.**	**HOME**
10/13	William Jewell*	5:30 p.m.	Liberty MO
10/15	**Bellevue**	**3:00 p.m.**	**HOME**
10/16	Lindenwood*	5:30 p.m.	St. Charles MO
10/19	**Missouri Valley***	**3:00 p.m.**	**HOME**
10/21	**Graceland***	**1:00 p.m.**	**HOME**
10/24	**Culver-Stockton***	**12:00 noon**	**HOME**
10/30	Benedictine*	12:00 noon	Atchison KS

Bold faced games denote home games played at Avila University
**Indicates Heart of America Athletic Conference opponent.*

Women's Soccer Outlook & Coaches

The Avila women's soccer team looks to take yet another step in the growth of the program this season. Last season, the Eagles finished 6-11, but head coach Paul McNally saw many positives as the young Eagle team improved throughout the season. Now in his third season, McNally has the luxury of 2 full recruiting classes under his belt and looks for big things from the women this season.

A very strong group of returnees will key the Lady Eagles as 15 individuals who saw action in 2003 will take the field for the Eagles in 2004. They will be joined by a very impressive group of 11 newcomers to form what ranks on paper as one of the most talented groups in the history of Avila women's soccer. According to McNally, "The newcomers should bring a higher level of competitiveness and credibility to the program."

As always, defense will be the emphasis as McNally will once again employ a "flat-back 4" style of play. Sophomore Amy Fuqua (Springfield, MO) returns for her second season in goal for the Eagles after battling injury much of her freshmen year. Returning defenders Amy Granillo (Jr Kansas City, MO), Ashley Schouten (Soph., Washington, MO), and Lindsey Markes (Soph., Columbia, MO) are all important components of the Eagle squad. They will be joined by junior Zoe Schaffer (Overland Park, KS) who missed last season due to injury. All four will be pushed by a strong group of newcomers.

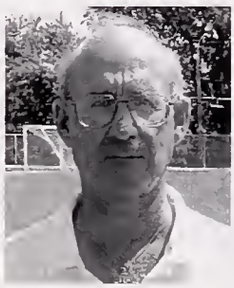
One midfield position could be manned by Megan Easterday (Westwood, KS) who has markedly improved now that she is completely recovered from her knee injury of two season ago. She will be joined by juniors Kristen Kelly (Lee's Summit, MO) and Cassie Tremonti (Roeland Park, KS). Both are dynamic, creative players who complement each other quite well. Another important component at midfield will be junior Jessica Collins (Overland Park, KS), a powerfully athletic player that will be a match-up problem for most opponents.

Last season's leading scorer, Katie Newman (Soph., Washington, MO) looks recovered from her knee injury and will be joined by Betsy Boehner (Soph., Lenexa, KS) and Nicole Sowders (Sr., Albuquerque, NM) at the forward positions. McNally now has

the luxury of moving Sowders, who has spent three seasons on defense, to an attacking position and is excited about her aggressiveness. As on defense and in the midfield, these 3 will be challenged by several freshmen as well.

McNally sees William Jewell, Lindenwood, and Graceland University as "the class of the conference" but feels that the 4th spot in the conference is up for grabs behind them. "We will challenge people that we couldn't play with last year." According to McNally, "we look for a marked improvement in our overall level of play and I think we have the potential to surprise some people."

Head Coach – Paul McNally



After dividing his time between his teaching and coaching duties at the high school level and building the Avila women's soccer program, Paul McNally will spend much more time on the Avila campus this season. Following the resignation of men's soccer coach Patrick Phillips, soccer coaching veteran Paul McNally add coaching the men's program to his duties and enters the 2004 season as Avila University's head men's and women's soccer coach. His primary focus will be to build and improve Avila's men's and women's soccer programs to a highly competitive level within the Heart of America Conference.

McNally, a native of Somerset, NJ, has over 30 years of high school and college coaching experience including coaching stops at O'Hara High School (Kansas City), Raytown High School, St Mary College (Leavenworth, KS) and Blue Springs High School. He served as the men's and women's soccer coach at the University of Missouri-Rolla for 8 seasons as well. He received his bachelor's degree in History from Quincy University and his master's degree in Physical Education from Central Missouri State University. Coach McNally is married to Rita and has 3 children, Michael, Kimberly, and Sean.

Assistant Coaches – Joe Burke & Sandy Hicks

Joe Burke returns to the sidelines for his third season as McNally's assistant coach of the women's program. Burke, who teaches in the Raymore-Peculiar school district enters his tenth year of coaching with McNally. Also joining McNally on the women's sideline will be Sandy Hicks, a former standout at Missouri Southern State University. Hicks will work with the defense.

A V I L A U N I V E R S I T Y

Women's Soccer

GK Amy Fuqua SO
Springfield, MO

#2 Cassie Tremonti JR
Roeland Park, KS

#3 Katie Newman SO
Washington, MO

#4 Nikki Weir SO
St. Louis, MO

#5 Megan Easterday SO
Westwood, KS

#6 Erin Miller FR
Bedford, TX

#7 Erin Stewart SO
Independence, MO

#8 Hayley Koehler FR
Liberty, MO

#9 Nicole Sowders SR
Albuquerque, NM

#10 Kristen Kelley SR
Lee's Summit, MO

#11 Jessica Collins JR
Overland Park, KS

#12 Zoe Shaffer JR
Overland Park, KS

#12 Amie Granillo JR
Kansas City, MO

#14 Liz Terry FR
Florissant, MO

#15 Ashley Reagan FR
St. Louis, MO

#16 Ashley Stoneking FR
Belton, MO

#17 Ashley Poore SO
Olathe, KS

#18 Lynsey Markes SO
Columbia, MO

#19 Betsy Boehner, SO
Lenexa, KS

#20 Lindsey Costello FR
Washington, MO

#21 Ashley Schouten SO
Washington, MO

#22 Sarah Sinovic FR
Overland Park, KS

#23 Jessica Borst FR
Emporia, KS

#24 Liz Lewis JR
Lee's Summit, MO

#26 Jill Sells FR
Lee's Summit, MO

#27 Nicole Harstedt FR
Kansas City, MO

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Men's Soccer Outlook & Coaches

"Adapt", "adjust", and "overcome" will be key words in the vocabulary of the Eagle men's soccer team for the 2004 season. After a 2003 season that saw the Eagles suffer a rash of debilitating injuries and still finish with a respectable 6-11 record, the Eagles of 2004 will have a new look. Avila's women's coach Paul McNally will add directing the men's program to his duties following the resignation of longtime Eagle coach and player Patrick Phillips.

In McNally's opinion, the key to Eagle success this season will hinge on his player's ability to quickly adjust to a new system and different style of play. The Eagles will focus on a more possession oriented, ball control type of play this season and will be challenged to adapt to the distinctive personality and coaching style that McNally brings to the field.

A solid group of returnees and several newcomers will take the field for the Eagles this season. Senior Andy Phillips (Lillian, AL) provides the Eagles with a strong presence in goal. Seniors Thomas Gregor (Louisburg, KS) and David Madeo (Warrensburg, MO) will return to their roles once again in keying the defense. Nick Nava, a sophomore from Liberty, MO has also shown promise in the back. Redshirt Nick Kanatzer (Soph., Kansas City, MO) will have the opportunity to contribute at both the defensive or midfield positions. The Eagles defensive ability will be an important component in their success this season.

In the midfield, senior Jake Phillips returns after missing last season due to injury. He's joined by Tim Goldstine (JR., Omaha, NE) who saw action last year and a host of other hopefuls as well. Zac Choate (Soph., St. Peters, MO), Mike Slyman (Soph., St Charles, MO), Chris Hill (Soph., Raymore, MO), and Nathan Borland (Sr., Lawrence, KS) could all find a spot in the midfield or at one of the forward positions. Abdou Jallow (Sr., Serekinda, Gambia) a dynamic offensive player, returns at a forward position as well.

Four new faces will join the Eagles as well, as McNally made good use of the small recruiting window he had available upon taking over. Transfer goalkeeper Mike Helms (Independence, MO) will challenge Phillips and McNally also expects contributions from talented, powerful freshmen Matt Calfes (Independence, MO) and Tony Milano (Kansas City, MO). Junior Brian Evans (Winnetonka, MO) also figures into the mix.

As on the women's side, McNally expects William Jewell, Lindenwood, and Graceland to be at the top of the Heart of America Conference this season. The rest of the conference looks fairly equal and dependent upon their development, the Eagle men could be a dark horse candidate in the conference race.

Head Coach – Paul McNally

After dividing his time between his teaching and coaching duties at the high school level and building the Avila women's soccer program, Paul McNally will spend much more time on the Avila campus this season. Following the resignation of men's soccer coach Patrick Phillips, soccer coaching veteran Paul McNally add coaching the men's program to his duties and enters the 2004 season as Avila University's head men's and women's soccer coach. His primary focus will be to build and improve Avila's men's and women's soccer programs to a highly competitive level within the Heart of America Conference.

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A V I L A U N I V E R S I T Y

Men's Soccer

GK Andy Phillips SR
Lillian, AL

GK Mike Helms SO
Independence, MO

#3 Thomas Gregar SR
Louisburg, KS

#4 Nick Nava SO
Liberty, MO

#6 Jacob Phillips SR
Lillian, AL

#9 Abdu Jallow SR
Serekinda, Gambia

#11 Zac Choate SO
St. Peters, MO

#12 Tony Milano FR
Kansas City, MO

#13 Ryan Cook SR
Raymore, MO

#14 David Madeo SR
Warrensburg, Mo

#15 Michael Sylman SO
St. Charles, MO

#17 Vincent Hemandez JR
Kansas City, MO

#18 Matt Calfas FR
Independence, MO

#20 Brian Evans JR
Kansas City, MO

#21 Tim Goldstine JR
Omaha, NE

#22 Chris Hill SO
Raymore, MO

Nick Kanatzar SO
Kansas City, MO

Nathan Borland SR
Lawrence, KS

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Avila University is a dynamic, Catholic four-year liberal arts and preprofessional university, sponsored and founded by the Sisters of St. Joseph of Carondelet.The University offers a broad range of studies—from business to corporate communication and allied health, just to name a few. Avila offers nearly 40 undergraduate degree programs and three graduate degree programs, many of which were the first of their kind in the Kansas City area.

For example, Avila was the first college in the Kansas City area to offer programs in nursing, gerontology, and social work. We were also the first—and currently only—four year Kansas City college to offer a paralegal program approved by the American Bar Association. We are one of only 23 colleges and universities in the entire country that offer a four - year degree in radiologic technology. We also offer the only accredited bachelors degree in social work in the Kansas City area.

Come visit the campus at 119th and Wornall Road in suburban south Kansas City and discover even more surprises about Avila University!

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Avila University

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